

## MENU Friday 12/08/2022

Lunch: 11.30-13.30

Menu 1 : Oven dish Lasagne bolognaise  
Menu 2 : Oven dish Lasagne Verde

Dinner: 17.30-19.00

Menu 1 : Grilled chicken tenderloin curry sauce apple and red pepper and rice  
Menu 2 : Pasta  
salad/tomatoes/courgettes/olives/pestosauce/basilcum

## MENU Saturday 13/08/2022

Lunch: 11.30-13.30

Menu 1 : Cordon Blue/hot vegetables/mashed potatoes  
Menu 2 : Quinoa/diced tomatoes, peeled broad beans/chickpeas, green curry,  
diced bell pepper/pumpkin seeds/turmeric

Dinner: 17.30-19.00

Menu 1 : Paella mixta (fish-meat) – prepared on site  
Menu 2 : spaghetti bolognaise veggie

## MENU Zondag 14/08/2022

Lunch: 11.30-13.30

Menu 1 : Pasta salad/tomatoes/cucumber/ chives / chicken / dressing of mayo  
and yogurt  
Menu 2 : Spaghetti bolognaise

## Remarks

Vegetables available on the buffet + fruit/yoghurt

12 euro --> lunch/diner



**ZWAANTJES ROLLER CLUB**

